





# TKD - November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 KICKING	2 KICKING 3 STEPS 	3 1 STEPS SELF DEFENSE
4	5 2 STEP SPARRING	6 SPARRING	7 TECHNIQUE	8 FORMS	9 KICKING 	10 KICKING 3 STEPS
11	12 MIXED CURRICULUM	13 MIXED CURRICULUM	14 MIXED CURRICULUM	15 MIXED CURRICULUM	16 MIXED CURRICULUM 	17 TKD TEST 10:30 NO CLASSES
18	19 KICKING 3 STEPS	20 1 STEPS SELF DEFENSE	21 2 STEP SPARRING	22  SCHOOL CLOSED	23 SCHOOL CLOSED	24 SCHOOL CLOSED
25	26 SCHOOL CLOSED	27 KICKING 3 STEPS	28 1 STEPS SELF DEFENSE	29 2 STEPS SPARRING	30 SPARRING 